What Do I Need to be Working On?

Instructions: This is a good outline, when creating a list of activities. You should start your list now. Anything after HS is fair game. **Completing this list doesn’t replace speaking with an advisor. Call 979.847.8938 to schedule an appointment.**

Medical, Dental, Nursing, PA, and Pharmacy: Complete A-G

**Vet:** Complete B-G, your experience will be animal care hours and veterinary experience. All HS experiences count for Vet applicants **only.**

**OT and PT:** Complete B-G, your healthcare experience requires additional info (speak with the pre-professional advisor)

**Law:** Complete B-G

A. **HEALTHCARE EXPERIENCE:** Shadowing, paid, volunteer, etc.

B. **NON-HEALTHCARE RELATED COMMUNITY SERVICE:** Individual or group service

C. **EXTRACURRICULAR ACTIVITIES:** Student groups, outside activities, personal activities, etc.

D. **LEADERSHIP:** Officer position(s) (elected or volunteer), supervisor roles, leadership conference, committee chair, etc.

E. **HONORS/AWARDS:** Dean’s Honor Roll and/or Distinguished Student, scholarships, honor societies, student awards, etc.

F. **WORK:**

G. **RESEARCH:** For credit, zero hour, UG/Grad, certificate, non-certificate, research assistant, etc.
**Important OPSA/PSA links**

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**Important Dates:**
- MSC Open House-Fall & Spring Semesters [mscopenhouse.tamu.edu](mscopenhouse.tamu.edu)
- Law Caravan-Fall Semester [tx.ag/lawcaravan](tx.ag/lawcaravan)
- Second Year Informational-Fall Semester [tx.ag/psaworkshops](tx.ag/psaworkshops)
- ECHO Health Symposium-Spring Semester [tx.ag/healthsymposium](tx.ag/healthsymposium)
- First Year Informational-Spring Semester [tx.ag/psaworkshops](tx.ag/psaworkshops)

### Pre-Health Reminders
- Grades come first.
- Major in what you like and excel.
- Gap years are common. OPSA/PSA is here to help current and Former Students.
- Take Chemistry your first semester, and continue taking chemistry each fall/spring semester (do not break the sequence).
- Take two semester courses at same college/university.
- Taking two science courses per semester should be your goal.
- Don’t accept AP credit without speaking with both your Academic & OPSA/PSA advisors.
- Build relationships with professors, healthcare professionals, mentors, supervisors, etc. throughout college because you will need letters of recommendations.

### Pre-Law Reminders
- Grades come first.
- Major in what you like and excel.
- Gap years are common. OPSA/PSA is here to help current and Former Students.
- Build relationships with professors, lawyers, mentors, supervisors, etc. throughout college because you will need letters of recommendations.
- Network with lawyers:
  - [www.aggielaw.org](www.aggielaw.org)
  - [tx.ag/FindanAggie](tx.ag/FindanAggie)

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**Professional School Advising | Career Center**

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College Station, Texas 77843-1233  
PHONE: (979) 847-8938  
http://opsa.tamu.edu

*Professional School Advising is partially funded by the Association of Former Students*